An excellent remedy againſt the Flux, which hath cur many thouſands both in England *and* Ireland.

TAke one quarter of an Engliſh pinte ſtrong waters, and the yelks of three egg beat them well together with a little pow der of ſynamon, if you can get it, and thi being taken two or three times at night and mornin will perfectly cure you, *Probatum eſt.*

a. a. 8. 13 (70

Another well Approved.

TAke one pinte of read wine or clarret wine, boyl it with Cinamon, and after it is taken from th fire, adde to it halfe an ounce of white chalk, and drin at night and morning, and it will, with Gods bleſsin perfectly cure you.

YOU are to take care that you go as little wet your feet as poſsible, and eſpecially of your beer that you avoyd this country beere, and all beere mad near the Sea, as *Lyn*, *New-Caſtle*, *Dover*, &c. *Londo* beere, if poſsible to be got, is beſt both for preventio and cure of this diſeaſe.

Publiſhed for the good of the private Soul- diers of the Army.